



COACHES CORNER

June 2009

Welcome to the monthly newsletter from the desks of the Director of Coaching John Curtis and Director of Technical Education Andy Coutts.

MINNESOTA YOUTH SOCCER ASSOCIATION HOME PAGE

www.mnyouthsoccer.org

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Coaching Education: USSF National Youth ("Y") License offered in St. Paul (June 2009)

MYSA will host the National Youth License June 12-14 and June 19-21, 2009 at Macalester College in St. Paul. The National Youth License, a U.S. Soccer course, focuses upon the nature of children and the adjustments adults must make to coach them. The course curriculum covers the ages of 4–12 years old. Each day of the course, the focus is upon one of the traditional soccer age groups of U6, U8, U10 or U12. Each day, children of the appropriate age group are brought to the course site for the candidates to work with them in a practice training session. The candidates are videotaped while coaching the kids and the video is reviewed with each candidate to aid in the education of the coach.

The course combines both classroom (theory) and field (practical) sessions. The course concludes with written, oral and practical examinations. The National Youth License course is six days in length, sometimes being held over two weekends rather than six days in a row. It is ideal for anyone hoping to become a better and more effective coach. Also, "A" license coaches can earn 8 CEUs by completing the National Youth License course.

- www.mnyouthsoccer.org/coaches/clinics.cfm

Coaching Education: MYSA Goalkeeper Challenge, (June 15-18, 2009)

MYSA will run its annual Goalkeeper Challenge camp for goalkeepers ages 14 and up, June 15-18, 2009 at Eastview H.S. in Apple Valley. Rob Walker of the U.S. National Goalkeeping Staff will serve as Camp Director and he is joined by a great staff of goalkeeper trainers. Coaches who would like to observe the camp free of charge to improve their knowledge of goalkeeper training should RSVP to Andy Coutts at andycoutts@mnyouthsoccer.org. More information can be found at www.mnyouthsoccer.org/programs/gdp.cfm.

Player Development: College Development Program (July 27-29, 2009)

The College Development Program caters to ambitious players, high school sophomores and older, who aspire to play at the college level. The CDP is an intensive three-day camp staffed by college coaches. On-field and off-field sessions replicate the initial days of a college preseason so participants better understand the expectations and demands of playing collegiate soccer. For more information and to register, visit www.mnyouthsoccer.org/programs/camps.cfm.

Coaching Article: The Coach's Toolkit

This article is a summary of the coaching methods presented in the "D" License course, and applicable to all levels of coaching. www.oysan.org/Assets/Coaches+Tool+Kit.pdf

Coaching Article: Youth Soccer in America: How Do We Measure Success?

The following article from the US Youth Soccer Coaching Education Department urges coaches to remember the main reasons players play the game. www.osysa.com/Assets/pdf/vision+success.pdf

Minnesota Sports Medicine: When Talking ACL Injury, It's Girls vs. Boys

Dr. Aimee Klapach discusses a common soccer injury. www.mnyouthsoccer.org/coaches/articles/msm_may09.pdf